

LAB DIRECTOR SPECIAL

- | | | | |
|--|---------|---------------------------------------|---------|
| 🍴 L1. KHAN PUNG SHRIMP 칸풍새우 | \$20.95 | L6. BULGOGI 불고기 | \$18.95 |
| deep-fried shrimp w/ hot & sour sauce | | grilled marinated beef with vegetable | |
| L2. BUN CHA 분짜 | \$18.95 | 🍴 L7. SPICY PORK BULGOGI 돼지불고기 | \$17.95 |
| grilled pork, vegetable & rice noodle
w/ sweet & sour dipping sauce | | grilled spicy pork with vegetable | |
| L3. DON PAS 돈파스 | \$14.95 | 🍴 L8. SPICY SQUID 오징어 볶음 | \$17.95 |
| cream pasta w/ pork loin cutlet | | spicy stir-fried squid with vegetable | |
| 🍴 L4. FIRE CHICKEN & CHEESE 불닭치즈 | \$16.95 | 🍴 L9. TOFU KIMCHI 두부김치 | \$18.95 |
| fried chicken & mozzarella cheese
w/ extra spicy sauce | | pan-fried kimchi & spicy pork w/ tofu | |
| 🍴 L5. CHEESE TTEOKBOKKI 치즈떡볶이 | \$14.95 | | |
| stir-fried rice cake, vegetable & cheese
w/ spicy sauce | | | |

APPETIZER

- | | |
|---|--------|
| A1. SHRIMP POPS 쉬림팝 | \$7.95 |
| 3 pcs deep-fried shrimp chips on stick | |
| A2. FISH CHIP 생선칩 | \$7.95 |
| 2 pcs deep-fried codfish chips | |
| A3. EDAMAME 에다마메 | \$4.95 |
| steamed soybean | |
| A4. TAKO YAKI tako야끼 | \$7.95 |
| 5 pcs fried octopus & vegetable balls | |
| A5. POTATO SHRIMP 감자새우 | \$7.95 |
| 5 pcs deep-fried shrimp wrapped w/ potato | |
| A6. SPRING ROLL 스프링롤 | \$4.95 |
| 4 pcs deep fried vegetable spring roll with sweet and
sour sauce | |
| A7. GYOZA 교자만두 | \$6.95 |
| 6 pcs deep-fried beef & vegetable dumplings | |
| A8. SHUMAI 슈마이 | \$6.95 |
| 6 pcs of steamed shrimp dumpling | |
| A9. CALAMARI STICK 일본식오징어튀김 | \$6.95 |
| 2 pcs stick of Japanese style fried webfoot
octopus | |
| A10. CORN CHEESE 콘치즈 | \$7.95 |
| sweet corn w/ mozzarella cheese | |



"LAB" stands for our passion for the pursuit of perfection through endless experiments and research of taste.

(703) 543-2404

14107 St Germain Dr,
Centreville, VA 20121

www.thelabno1.com

SALADS

- S1. HOUSE SALAD** 하우스샐러드 \$4.50
mixed greens & tomato with sesame dressing
- S2. AVOCADO SALAD** 아보카도 샐러드 \$7.95
mixed greens & avocado w/ sesame dressing
- S3. SEAWEED SALAD** 해초 샐러드 \$6.95
shredded seaweed in vinaigrette dressing

- S4. IKA SANSAI** 오징어 샐러드 \$7.95
shredded cutlet calamari & seaweed
- S5. NO.1 SALAD** \$10.95
mixed greens & grilled shrimp w/ lemon dressing

FROM SUSHI BAR



SUSHI REGULAR*
8 pcs nigiri sushi &
6 pcs California Roll
\$20.95

SUSHI DELUXE*
10 pcs nigiri sushi &
6 pcs California Roll
\$23.95



SASHIMI REGULAR*
12 pcs assorted sashimi
\$21.95



SASHIMI DELUXE*
15 pcs assorted sashimi
\$24.95



SUSHI SASHIMI COMBO*
5 pcs nigiri sushi, 6 pcs California Roll
9 pcs assorted sashimi
\$25.95

LAB SUSHI SPECIAL FOR TWO*
20 pcs nigiri sushi & Tokyo Mama Roll
\$52.95



LAB SASHIMI SPECIAL FOR TWO*
27 pcs assorted sashimi
\$45.95

LAB SUSHI & SASHIMI SPECIAL FOR TWO* \$59.95
10 pcs nigiri sushi, 15 pcs sashimi
& Tokyo Mama Roll



CHIRASHI* \$21.95
Assorted sashimi &
garnishes on sushi rice

UNADON \$22.95
Grilled freshwater eel & garnishes on sushi rice

TEKKADON* \$21.95
Tuna sashimi & garnishes on sushi rice

SAKEDON* \$20.95
Salmon sashimi & garnishes on sushi rice

SALMON LOVER COMBO* \$19.95
3 pcs nigiri sushi, 3 pcs sashimi, 6 pcs rolls & 6 pcs spicy rolls

TUNA LOVER COMBO* \$20.95
3 pcs nigiri sushi, 3 pcs sashimi, 6 pcs rolls & 6 pcs spicy rolls

YELLOWTAIL LOVER COMBO* \$21.95
3 pcs nigiri sushi, 3 pcs sashimi, 6 pcs rolls & 6 pcs spicy rolls



HOE DUP BAP* 회덮밥 \$12.95
Chopped sashimi & vegetable on
rice w/ spicy sauce

SASHIMI SALAD* 회무침 \$15.95
Assorted sashimi on fresh mixed greens
w/ Korean spicy dressing



* CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORN ILLNESS

NOODLE

- | | | |
|--|-----------------------------|---------|
| N1. JJAJANGMYUN 짜장면 | | \$8.50 |
| noodle w/ pork, vegetable in black bean sauce | | |
| N2. WHITE JJAMPPONG 백뽕 | | \$11.95 |
| mild noodle soup w/ seafood & vegetable | | |
|  N3. FIRE JJAMPPONG 불뽕 | | \$11.95 |
| extra spicy noodle soup w/ seafood & vegetable | | |
| N4. TONKOTSU RAMEN 돈코츠라멘 | | \$10.95 |
| noodle w/ pork, egg, scallion, corn, nori, mushroom & bean sprout in pork broth | | |
| N5. SHOYU RAMEN 소유라멘 | | \$10.95 |
| noodle w/ pork, egg, scallion, corn, nori, mushroom & bean sprout in soy sauce-based pork broth | | |
| N6. MISO RAMEN 미소라멘 | | \$10.95 |
| noodle w/ pork, egg, scallion, corn, nori, mushroom & bean sprout in miso-based pork broth | | |
|  N7. VOLCANO RAMEN 볼케이노라멘 | | \$11.95 |
| noodle w/ pork, egg, scallion, corn, nori, mushroom & bean sprout in extra spicy pork broth | | |
| N8. VEGETABLE RAMEN 야채라멘 | | \$10.95 |
| noodle w/ tofu, Napa cabbage, scallion, corn, mushroom, nori & bean sprout in vegetable broth | | |
| N9. UDON 우동 | | \$10.95 |
| Japanese thick noodle soup w/ fishcake, vegetable & egg | | |
| N10. CURRY UDON 카레우동 | | \$11.95 |
| Japanese thick noodle soup w/ fishcake, vegetable & egg in curry-based broth | | |
| N11. YAKI UDON 볶음우동 | | \$12.95 |
| pan-fried Japanese thick noodle & vegetable w/ oyster sauce | | |
|  N12. SPICY SEAFOOD YAKI UDON 해물볶음우동 | | \$15.95 |
| pan-fried Japanese thick noodle, seafood & vegetable w/ spicy sauce | | |
| N13. CREAM PASTA (SHRIMP / BEEF / CHICKEN) 크림파스타 | \$14.95 / \$14.95 / \$13.95 | |
| cream sauce pasta w/ choice of meat, mushroom & bacon | | |
|  N14. FIRE CREAM PASTA 매운크림파스타 | | \$14.95 |
| spicy cream pasta with mussel, mushroom | | |
|  N15. DRUNKEN NOODLE 드렁큰누들 | | \$14.95 |
| pan-fried thick rice noodle, chicken & vegetable w/ special sauce | | |
|  N16. PAD THAI (SHRIMP / BEEF / CHICKEN) 파타이 | \$14.95 / \$14.95 / \$13.95 | |
| pan-fried rice noodle, choice of meat & vegetable w/ sweet & sour sauce | | |
| N17. GALBI PHO 갈비월남국수 | | \$16.95 |
| rice noodle soup w/ beef ribs & vegetable in beef broth | | |
| N18. SEAFOOD PHO 해물월남국수 | | \$12.95 |
| rice noodle soup w/ seafood & vegetable in beef broth | | |
| N19. YAKI SOBA (CHICKEN / BEEF / SHRIMP) 야끼소바 | \$11.95 / \$12.95 / \$13.95 | |
| stir-fried vegetables, choice of meat and noodles with a sweet and savory sauce | | |

RICE

- R1. **TORNADO OMURICE** 회오리 오무라이스 \$12.95
omelet over pan-fried rice w/ bacon & vegetable
- R2. **CRAB MEAT FRIED RICE** 게살볶음밥 \$15.95
chef's special fried rice w/ blue crab, egg, onion & green onion
- R3. **KIMCHI CHEESE FRIED RICE** 치즈김치볶음밥 \$14.95
pan-fried rice w/ kimchi, vegetable, bacon & cheese
- R4. **CHICKEN FRIED RICE** 치킨볶음밥 \$12.95
pan-fried rice w/ chicken & vegetable
- R5. **BEEF FRIED RICE** 소고기볶음밥 \$13.95
pan-fried rice w/ beef & vegetable
- R6. **SHRIMP FRIED RICE** 새우볶음밥 \$13.95
pan-fried rice w/ shrimp & vegetable
- R7. **KATSU DON** 카츠동 \$14.95
panko-breaded pork cutlet with egg over rice
- R8. **CHASHU DON** 차슈동 \$15.95
pork belly chashu over the rice

- P1. **GIANT BONE-IN GALBITANG** 왕갈비탕 \$16.95
long simmered beef rib soup w/ noodle & vegetable
- P2. **MUSSEL SOUP** 홍합탕 \$12.95
fresh mussel & vegetable in seafood broth
- P3. **BU DAE TANG** 부대탕 \$13.95
ham, sausage, kimchi, cheese, vegetable & tofu in spicy beef broth
- P4. **HAE MUL TANG** 미니해물탕 \$22.95
mussel, squid, shrimp, octopus, crab & vegetable in spicy seafood broth
- P5. **AL TANG** 알탕 \$14.95
fish egg & vegetable in spicy seafood broth
- P6. **SEAFOOD PHO SOUP** 해물월남탕 \$11.95
seafood & vegetable in beef broth
- P7. **JJAMPPONG TANG** 짬뽕탕 \$11.95
seafood & vegetable in spicy seafood broth
- P8. **ODEN TANG** 오뎅탕 \$14.95
fish cake soup

SOUP

KATSU & CURRY

- K1. **DON KATSU** 돈까스 \$13.95
pork loin cutlet w/ brown sauce
- K2. **CHEESE DON KATSU** 치즈돈까스 \$15.95
pork loin cutlet w/ cheese
- K3. **FISH KATSU** 생선까스 \$14.95
whitefish loin cutlet w/ tartar sauce
- K4. **CHICKEN KATSU** 치킨까스 \$13.95
chicken breast cutlet w/ brown sauce
- K5. **BEEF CURRY** 비프카레 \$14.95
curry w/ grilled beef & vegetable
- K6. **CHICKEN CURRY** 치킨카레 \$13.95
curry w/ grilled chicken & vegetable
- K7. **SHRIMP CURRY** 새우카레 \$15.95
curry w/ grilled shrimp & vegetable
- K8. **DON KATSU CURRY** 돈까스카레 \$14.95
pork loin cutlet on rice & curry sauce
- K9. **CHICKEN KATSU CURRY** 치킨까스카레 \$14.95
chicken breast cutlet on rice & curry sauce
- K10. **VEGETABLE CURRY** 야채카레 \$12.95
assorted vegetable on rice & curry sauce

LAB NO.1 SPECIAL ROLLS

BALTIMORE ROLL (8 PCS) \$14.95

Inside - soft shell crab, cream cheese, cucumber, lettuce
 Outside - avocado
 Sauce - eel sauce & spicy mayo

DANCING EEL ROLL* (8 PCS) \$18.95

Inside - shrimp tempura, crab, cream cheese, cucumber, avocado
 Outside - eel, scallion, red tobiko
 Sauce - eel sauce

DYNAMITE ROLL* (8 PCS) \$13.95

Inside - spicy crab, avocado, cucumber
 Outside - spicy tuna, jalapeno
 Sauce - eel sauce, spicy mayo & Sriracha

HAWAIIAN SUNSET ROLL* (8 PCS) \$13.95

Inside - salmon, pineapple, tempura crunch
 Outside - salmon, colorful tobiko
 Sauce - creamy mayo

HOT ATTACK ROLL* (8 PCS) \$14.95

Inside - spicy tuna, jalapeno, cucumber, tempura crunch
 Outside - tuna, jalapeno
 Sauce - spicy mayo, sriracha

MUSTARD DOUBLE SHRIMP ROLL (8 PCS) \$14.95

Inside - shrimp tempura, cucumber, crab
 Outside - shrimp, avocado
 Sauce - mustard & wasabi mayo

SNOW CRUNCH ROLL (8 PCS) \$14.95

Inside - blue crab, tempura crunch, cucumber
 Outside - shrimp, sliced mango, tempura crunch
 Sauce - eel sauce & wasabi mayo

SUPER CRUNCH ROLL* (8 PCS) \$11.95

Inside - shrimp tempura, cucumber, creamy mayo
 Outside - tempura crunch, masago
 Sauce - eel sauce

TREASURE HUNTER ROLL* (8 PCS) \$14.95

Inside - spicy crab, cucumber, shrimp tempura
 Outside - sliced mango, masago, fried sweet potato, spicy crab
 Sauce - creamy mayo & eel sauce

WHITE RUSSIAN ROLL* (8 PCS) \$12.95

Inside - smoked salmon, avocado, cream cheese
 Outside - seared white tuna, scallion
 Sauce - wasabi mayo & Japanese dressing



Baltimore Roll



Dancing Eel Roll



Dynamite Roll



Hawaiian Sunset Roll



Hot Attack Roll



Mustard Double Shrimp Roll



Snow Crunch Roll



Super Crunch Roll



Treasure Hunter Roll



White Russian Roll

* CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNEILLNESS

BAKED SPECIAL ROLLS



BBQ SALMON ROLL* (8 PCS) \$12.95

Inside – crab, avocado, masago
 Outside – salmon, crunch, scallion, masago
 Sauce – eel sauce & BBQ sauce

BBQ TUNA ROLL* (8 PCS) \$13.95

Inside – crab, avocado, masago
 Outside – Tuna, crunch, scallion, masago
 Sauce – eel sauce & BBQ sauce



DEEP-FRIED SPECIAL ROLLS

AMERICAN ROLL* (8 PCS) \$10.95

Inside – salmon, crab, masago,
 cream cheese
 Sauce – eel sauce, creamy mayo
 & spicy mayo



MEXICAN ROLL (8 PCS) \$10.95

Inside – smoked salmon, cream cheese
 scallion, jalapeno
 Sauce – eel sauce & spicy mayo



KAMIKAZE ROLL (8 PCS) \$11.95

Inside – spicy tuna
 Outside – scallion
 Sauce – eel sauce & spicy mayo



TOO TOO FUNKY ROLL (8 PCS) \$12.95

Inside – crab, avocado, cream cheese,
 mozzarella cheese
 Sauce – eel sauce, creamy mayo
 & spicy mayo



LAB NO.1 NEW SPECIAL ROLLS

TUNA LOVE ROLL* (8 PCS) \$13.95

Inside – spicy tuna, cucumber, tempura crunch
 Outside – tuna, avocado, red tobiko
 Sauce – eel sauce & creamy mayo

SALMON LOVE ROLL* (8 PCS) \$12.95

Inside – spicy salmon, cucumber, tempura crunch
 Outside – salmon, avocado, salmon roe
 Sauce – eel sauce & creamy mayo

POCAHONTAS ROLL* (8 PCS) \$14.95

Inside – shrimp tempura, cream cheese,
 crab, cucumber, avocado
 Outside – seared salmon, yellow tobiko
 Sauce – snow onion creamy sauce & Japanese dressing

TOKYO MAMA ROLL (8 PCS) \$13.95

Inside – shrimp tempura, cucumber
 Outside – tempura crunch, spicy crab
 Sauce – eel sauce & spicy mayo

LAB NO.1 ROLL* (8 PCS) \$14.95

crab, spicy tuna, spicy shrimp, colorful tobiko,
 and scallion on sushi rice w/ creamy mayo & eel sauce

Salmon Love Roll



Tuna Love Roll



Lab No.1 Roll



Pocahontas Roll



Tokyo Mama Roll